

# YMCA OF GREATER DAYTON



**The YMCA of Greater Dayton, based on Christian principles, is a charitable organization with an inclusive environment driven to enrich the quality of family, spiritual, social, mental and physical well being for all.**

Through the years, lifestyles and family structures have changed and will continue to do so. Our programs will always reflect the needs of the communities which we serve. YMCAs are mission-driven. We live our mission every day.

Ys are a total community service organization, collectively the nation's largest not-for-profit charity. We are volunteer founded, volunteer based and volunteer led. Ys are for people of all faiths, races, abilities, ages, and incomes.

**Our YMCA promotes youth development, healthy living and social responsibility.**

YMCAs are founded to serve the whole individual— spirit, mind and body —and the whole community, from infants to seniors. Health and fitness are critical to the YMCA mission, and have been for over 100 years.

Physical activity for all ages is an important part of the Y experience, —but is only one aspect of overall health. In over 120 countries children and adults are learning values and life skills at YMCAs; from fitness to child care, tutoring to serving their communities ... it's all part of the YMCA experience.

**YMCAs are founded to serve people of all communities: all incomes, all ages and abilities.**

Open to everyone, we bring together the poor and not-so-poor, young and old, men and women, all faiths and all backgrounds.

Nationwide, YMCAs this year raised over \$500 million in scholarships, subsidies and other services for those who could not otherwise participate.

Across America, YMCAs are the place where people of every background come together to create community and to learn from each other



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY